#### **Drug Facts** Drug Facts (continued) use more than 4 caplets in 24 hours for 3 or more days a week Active ingredient (in each caplet) Purpose have more than 2 asthma attacks in a week Ephedrine sulfate 25 mg... Bronchodilator These may be signs that your asthma is getting worse. ■ This product will not give you asthma relief as quickly as an inhaled bronchodilator. ■ for temporary relief of mild symptoms of intermittent asthma: ■ unless a doctor said you have asthma ■ wheezing ■ tightness of chest ■ shortness of breath if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain Warnings drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug Asthma alert: Because asthma may be life threatening, see a doctor if you ■ are not better in 60 minutes ■ get worse contains an MAOI, ask a doctor or pharmacist before taking this product. if you have ever had an allergic reaction to this product or any of its ingredients need more than 6 caplets in 24 hours Drug Facts (continued) **Drug Facts** (continued) Ask a doctor before use if you have avoid dietary supplements containing ingredients reported or claimed to have a ever been hospitalized for asthma stimulant effect Stop use and ask a doctor if narrow angle glaucoma ■ thyroid disease ■ seizures ■ your asthma is getting worse (see Asthma Alert) ■ a psychiatric or emotional condition you have difficulty sleeping ■ trouble urinating due to an enlarged prostate gland

# caffeine (such as for allergy, cough-cold, or pain) When using this product

psychiatric or emotional conditions

your blood pressure or heart rate may go up. This could increase your risk of heart attack or stroke, which may cause death.

■ taking prescription drugs for asthma, obesity, weight control, depression, or

■ taking any drug that contains phenylephrine, pseudoephedrine, ephedrine, or

your risk of heart attack or stroke increases if you:

Ask a doctor or pharmacist before use if you are

- have a history of high blood pressure or heart disease
- take this product more frequently or take more than the recommended dose avoid foods or beverages that contain caffeine

- you have a rapid heart beat
- vou have tremors, nervousness, or seizure

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions

- do not take more than directed
- adults and children 12 years and over: take 1 caplet every 4 hours as needed. Do not take more than 6 caplets in 24 hours or as directed by a doctor.
- children under 12 years of age: do not use

# Other information

■ store at 20-25°C (68-77°F

# Drug Facts (continued)

Inactive ingredients dibasic calcium phosphate dihydrate, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, sodium starch glycolate, stearic acid, talc

## Drug Facts (continued)

Questions or comments? call 1-855-565-9800 weekdays 9 AM to 5 PM EST